



Msgr. Jim Vlaun
Executive Producer
www.religionandrock.com

Dear Friend of “*Religion and Rock*” and our Television shows on *Telecare*,

Thanks for promoting our shows and for your help in our communication ministry! The weekly themes for “*Religion and Rock*” are below along with a suggestion for weekly publication in your bulletin or website.

We have included a bulletin announcement which includes our newest affiliate, The Catholic Channel on *Sirius/XM Radio, channel 159*.

Again, a sincere thanks for your longtime support!

Msgr. Jim Vlaun, Host

July 2017

- 2 America
- 9 Vacation & Relaxation
- 16 Having a Positive Attitude
- 23 Volunteering/Giving
- 30 Adjusting in Life

August

- 6 Spirituality
- 13 Accepting Differences
- 20 Moderation
- 27 Being Excited

September

- 3 Labor Day/Work/Laboring for God
- 10 New Beginnings
- 17 Stress
- 24 Autumn Changes

October

- 1 Discovery (Columbus Day)
- 8 Prayer
- 15 Living with Possessions
- 22 Tradition
- 29 Special Days

November

- 5 The Saints in Our Lives
- 12 Family Life
- 19 Thanksgiving
- 26 Responsibility

December

- 3 Sharing Our Gifts
- 10 The Best Presents
- 17 Being Prepared
- 24 Christmas Special
- 31 New Beginnings

SUGGESTED COPY FOR WEEKLY PUBLICATION:

Tune into “*Religion and Rock*” with Msgr. Jim Vlaun on Sunday from 7:00 AM- 8:00 AM on WBAB 102.3 FM or 95.3 FM on Long Island’s East End. Listen on Saturdays at 11:00 PM on *Sirius Radio, Channel 159, the Catholic Channel* and at 11:00 PM on XM Satellite, Channel 117. Next Sunday’s theme is _____, don’t miss it! To listen online or receive more information regarding *Religion and Rock* go to www.ReligionandRock.com. or at “*Religion & Rock*” on *ITUNES*.

Don’t forget to tune into *TELECARE*, Cablevision 29, Verizon FIOS 296 or Time Warner 471 or visit www.TelecareTv.org for the Best Catholic Television!

To receive this announcement electronically, please email aayroso@telecaretv.org

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