# Free Community Health Fair Healthy fun for all ages





245 Old Country Road, Melville





## Free health screenings

- Blood pressure
- Cholesterol
- Diabetes/glucose
- Body Mass Index
- Foot screening

# **Healthy eating and nutrition**

### **Kid's activities**

- Coloring
- · Pumpkin decorating
- Teddy bear clinic

# **Catholic Health specialties**

- Cardiac services
- CPR/First Aid/Stop-the-bleed demonstrations
- Sherpa program
   Free Narcan kits available

- Psychological/ Chemical Dependency
- Pastoral Care
- · Family Care Center
- Breast Health
- Sleep Apnea
- Rehabilitation/Physical Therapy
- Physician Services
- Pain Management
- Smoking Cessation Programs
- · Mother/Baby & Lactation
- Home Care Services
- Oncology
- Wound Care
- Perinatal

### **Additional resources**

- Fidelis-Insurance Enrollment Assistance
- Catholic Charities







Register for a free gift | Walk-ins welcome For more information, please call (516) 705-3839