



DIOCESE OF ROCKVILLE CENTRE  
OFFICE OF THE BISHOP

## LENT 2020

Dear Friends:

The season of Lent offers us a sacred time for contemplating what it means to accompany Our Lord as he carries the Cross.

During his Passion, we see Christ laboring under the burden of our sufferings and of those whom we love. As the prophet Isaiah says, "*He has borne our griefs and carried our sorrows*" (53:4), and he still carries them today. Perhaps this year we might pray for the grace to accompany more closely our neighbors and loved ones who are suffering, and so participate in Christ's own sacrificial love as he shoulders their burdens.

Throughout our Diocese there are many who are suffering. We know this. Every parish has its stories of families experiencing hardship and loss. Our hospitals and shelters have their stories. Our nursing homes and schools have theirs. Indeed, we find the Cross in our own homes. Our parents and grandparents know heartache, and our children have burdens as well. Our Lord carries them all.

Perhaps you know a person who is sick or grieving the loss of a loved one. Maybe you know someone who is suffering from addiction or depression and is tempted to despair. Perhaps you know of someone who is lonely or has been altogether abandoned. It is good to remember that Our Lord is carrying each of them already with great love, placing his sheep on his shoulders (cf. Lk 15:5). And this Good Shepherd invites us to accompany him in holiness that we might share more fully in his mission.

Consider the figure of Simon of Cyrene. We know him from the Fifth Station of the Cross and from the Synoptic Gospels. He was compelled to carry the Cross of Christ (cf. Mt 27:32; Mk 15:21; Lk 23:26). We recognize his initial fear; it is the same as our own. We do not fault Simon for his resistance. Helping Jesus could not have been easy. And yet with God's grace what began as servitude was transformed into a gesture of compassion, even a sublime privilege.

To be sure, we may have cause to be fearful of accompanying Christ under the Cross. Social stigmas associated with some sufferings may cause us to stay away. We might fear our own inadequacies; weaknesses and wounds can cause self-doubt. We may even feel some degree of responsibility for the person's suffering: "*I could have done more*". Simon would have experienced these fears as Christ was passing by. Indeed, he needed to be driven by the Roman soldiers to accompany Jesus (cf. Mk 15:21). But the gaze of Christ prevailed on Simon and moved him beyond his fear.

Christ himself prayed in the garden before taking up the Cross, "*Father if it be possible, let this cup pass*", but he saw the Father's love for humanity and was moved to pray, "*yet not as I will, but as you will*" (cf. Mt. 26:39). Love bends the will to the other. It was Christ's love that changed Simon's servitude into sacrifice. And it is Christ's love that can transform our fear into accompaniment.

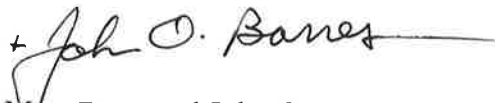
As your bishop, I have the privilege of seeing that so many of you are already living as Simon, already accompanying Christ who carries the burdens of your neighbors and loved ones. I visit your homes and pray with you in your parishes. I witness your dedication to the people of your ministries and organizations. And I see that many of you, like Simon, allow the gaze of Christ to draw you underneath the weight of the Cross, where your own servitude becomes a privileged encounter with Father, Son, and Holy Spirit and an encouragement to us all.

In light of this witness, I wish to bring particular attention to the newly formed Morning Star Initiative, designed to revitalize Catholic elementary school education on Long Island. I ask all of you to pray for our parishes and schools, our administrators and teachers, our students and their families, and all who are promoting a bold new era of Catholic education and evangelization on Long Island.

This way of sharing in the life of Christ moves us beyond imitation into a real participation with him in his relationship with the Father. The Cross is not a punishment to be endured; it is a decision to love. "*He was pierced for our transgressions. He was crushed for our iniquities*" (Is 53:5). And when we move in this way toward others in their need, our experience of their suffering is transformed from a burden into an encounter with love. We find, with Simon, that our servitude becomes a mysterious privilege of accompaniment. Underneath the weight of a cross carried with love, we see Jesus.

Too often we feel regret for not drawing near to those who are suffering. Let us pray during this holy season, this season of conversion, for the grace to recognize the gaze of Christ in those who are suffering and to respond to his invitation to share in his Cross. In this way, the Church on Long Island will grow together with Our Lord in grace.

Sincerely in Christ,

A handwritten signature in black ink that reads "John O. Barres". The signature is written in a cursive style with a long horizontal line extending to the right.

Most Reverend John O. Barres  
Bishop of Rockville Centre