



NEED A THERAPIST? WE CAN HELP

A HELPING HAND

National EAP is here to help you and your immediate household solve difficulties before they affect your health, personal well-being, or job performance.

We offer short term counseling to help find solutions to personal problems, big or small, that have the potential to become overwhelming.

THE NEAP DIFFERENCE

If you need services outside of the EAP's scope, our team will assist you in sourcing and recommending the services you need, such as psychiatric or substance abuse specialists.

We will provide pre-qualified referrals to ensure a smooth transition to community resources, saving you the legwork of finding the right match.

You are not alone. We are with you every step of the way. **24 hours, 365 days a year.**

SUPPORT SERVICES

- ✓ Mental health and wellbeing
- ✓ Pre-qualified referrals to therapists, specialists, and resources within your network
- ✓ Child care, elder care, and family support
- ✓ Work and career growth
- ✓ Grief and addiction
- ✓ Legal and financial needs



U:
PW:
www.nationaleap.com

Need Help?
TOLL-FREE: 1-800-624-2593
Just call or log on to get started