

South Shore Catholic Young Adult Ministry  
St. Barnabas the Apostle Young Adult Ministry

# Young Adult Holy Hour

Ages 21-35

Every Second Saturday of the Month  
2026

January 10th

February 14th

March 14th

April 11th

May 9th

June 13th

July 11th

August 8th

September 12th

October 10th

November 14th

December 12th

*Eucharistic Adoration, Reflection, Live Music, Confession, Night Prayer  
Fellowship and a talk with pizza to follow*



**ST. BARNABAS THE APOSTLE  
ROMAN CATHOLIC CHURCH**



2320 Bedford Ave, Bellmore NY

Doors open at 6:45 PM, Begins at 7:00 PM



Instagram: southshoreli\_catholicya | Email: southshorecatholicya@gmail.com